



Day 16

MORNING

Isaiah 40:31

But those who hope in the Lord will renew their strength. They will soar on wings like eagles they will run and not grow weary, they will walk and not be faint.

Prayer: My hope is in You, Lord. You renew my strength. You make me soar on wings like eagles. I praise you and I thank you! In Jesus' Name, Amen.

EVENING

Exodus 14:4

The Lord will fight for you; you need only to be still.

Prayer: Calm my spirit Lord, and help me to be still. Amen.